

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **Save the Date!** USC Verdugo Hills Hospital is hosting the 11th Annual Brain Health Forum, a free virtual event, on Saturday, November 14, 2026, from 9 AM to 12 PM. Experts will discuss aging and cognitive health, the role of genetics in memory loss, the difference between Alzheimer’s and other types of dementia, current research and treatment updates, opportunities to participate in studies at Keck Medicine of USC, and tips for building a care team and accessing support services. [Register Now.](#)
- **In Case You Missed It!** Healthy Brain LA hosted a webinar titled “Supporting Brain Health in FQHCs: Improving Cognitive Health Assessments and Dementia Care Reimbursement.” [Watch the recording here.](#) If you are interested in joining future discussions, [please complete the interest form.](#)
- **In Case You Missed It!** Check out the USC Schaeffer Center for Advancing Sociodemographic and Economic Study of Alzheimer’s Disease and Related Dementias (CeASES-ADRD) team’s recent publications in *Alzheimer’s & Dementia*: “[The Cost of Dementia in the United States in 2026,](#)” and “[A Dynamic Microsimulation Method for Estimating Dementia Costs in the United States.](#)”

Funding Opportunities

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

[Deadline: Rolling Basis](#)

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer’s disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.



In the Spotlight

Share your organization’s impactful efforts in supporting people living with Alzheimer’s disease and related dementias, and their families.

Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Trainings and Webinars

- Aug 26
12 PM PST

DCA. Understanding and Managing Behavioral Symptoms of Dementia. [Register Now.](#)
- Aug 27
11 AM PST

NADRC. Bridging the Gap: Creating Sustainable Dementia Support Through Community Partnerships. [Register Now.](#)
- Sep 1
12 PM PST

DCA. The First Signs of Alzheimer's – and What You Should Do About Them. [Register Now.](#)
- Sep 10
8 AM PST

PHCOE-DC/PHCOE-RR. CHWs Supporting Brain Health and People Living with Dementia. [Register Now.](#)
- Sep 16
11 AM PST

NADRC. Caring with Confidence: Building Resilience for Dementia Caregivers. [Register Now.](#)
- Sep 24
3 PM PST

Coalition OC CHCs. Shaping the Future of Aging & Cognitive Health. Altamed PACE – Santa Ana. 3601 W. Sunflower Ave, Suite 200. Santa Ana, CA 92704. [Register Now.](#)
- Nov 14
9 AM PST

USC Verdugo Hills Hospital. 11th Annual Brain Health Forum. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Aug 29
11 AM PST

Cedars Sinai/Keiro. Navigating Brain Health: Research & Resources. Evergreen Baptist Church of Los Angeles. 1255 San Gabriel Blvd, Rosemead, CA 91770. [Register Now.](#)
- Sep 15
10:30 AM PST

Alzheimer’s LA. Healthy Brain Habits. Sunland Senior Citizens Center. 8640 Fenwick St Sunland, CA 91040. [Register Now.](#)
- Sep 29
7 PM PST

Alzheimer’s Association. Impact of Alzheimer’s and Dementia in the Community. [Register Now.](#)

Featured Resources

- TOOLKIT**
[The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.](#)
- LEARNING MODULE**
[University of California San Francisco’s \(UCSF\) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.](#)
- TOOLKIT**
[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.](#)
- COMMUNITY RESOURCE**
[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- LEARNING MODULE**
[Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- TOOLKIT**
[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.